



September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day! Office Closed	3	4	5 Frances Jennings Book Study resumes 9:30am -AUMC 6:30pm - Her Home	6	7 Martha Ministry 10am
8	9	10	11 Handbell Choir Reboot @ 6pm	12	13	14
15	16	17	18	19	20	21
22 Feeding Jesus Alhambra Dinner Club 12:00pm	23	24 Missions Bin- go @ Ham- burger Mary's 7pm	25	26	27	28 Treat YO'Self 2-4pm
29	30					

Regular Weekly Schedule

Sunday

8:45pm Contemporary Worship
10:00am Sunday School
10:00am Club 56 Class
11:00am Traditional Worship

Monday

6:30pm Yoga Class

Tuesday

6:15pm Praise Band Rehearsal

Wednesday

11:00am Staff Meeting

Thursday

7:00am Men's Prayer Breakfast
9:30am Frances Jennings Book
Study @AUMC
6:30pm Frances Jennings Book
Study @ Her Home 1604
Avondale Ave

Worship Opportunities

8:45am - Contemporary Worship

11:00am - Traditional Worship

Need To Contact Us?

Church Office:

(904) 389-1175

Office@aumcjax.org



Suzanne Marino
Bill Marino
Carol Cuyler
Dot Robertson
Jerry Mills Hill
Todd Green
Rebekah Harp
Cristina Ogle
Hank Stewart
Laura Grieve
Marv Grieve
Ben Davis
Jason White
Jacom Corrieri
Delores Grubbs
B.A. Grubbs
Peggy Power
Tammy Burrows
Nancy Laughter





September 2019

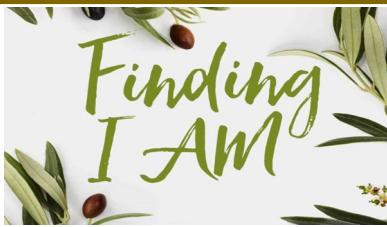
THE HEARTBEAT



A publication of AVONDALE UNITED METHODIST CHURCH, Jacksonville Florida

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Frances Jennings'

Book Study Thursdays
Returns!!!

9:30am @AUMC
6:30 @Her Home

1604 Avondale Ave.

Everyone is Welcome



The Dinner Club

Postponed until October!



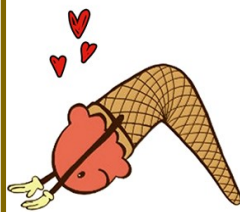
Friendly Reminder

Betsy and Clare will be writing daily devotions again beginning in September after a summer break. If you are not on the list to receive them and would like to be, please contact Betsy at PastorBetsyC@gmail.com. You will receive one via email Monday - Saturday each week. (Sundays are for church!) 😊



Fund-Raising Bingo to Help Our Missions Team!

Missions Team will be hosting another fun-filled evening of bingo at Hamburger Mary's on Tuesday, **September 24 at 7:00 pm**. Cost is \$10 and funds raised will be used to support refugees, local homeless folks, Haitian orphans, and our faith-based partnership with West Riverside Elementary, and many other initiatives. Hamburger Mary's is located at 3333 Beach Blvd. You can make reservations at 551-2048. See you at Hamburger Mary's!



Treat YO'Self!

Going back to school can be rough! The Children's Ministry wants you to Treat Yo'Self with some self-love. We will have Yoga for kids (and parents, too) taught by certified family yoga instructor, followed by Fro-Yo with a bunch of toppings! Come and enjoy a break from the grind, and restore your body, soul and sweet-tooth! **Sept 28th @ 2-4pm**

Alhambra Theatre and Dining



Dreaming of baseball and girls, Eugene must cope with the mundane existence of his family life in Brooklyn: formidable mother, overworked father, and his worldly older brother. Throw in the rest of his family and you have a recipe for hilarity, served up Simon-style. Sunday, **September 22nd @12pm**. If you are interested in attending the show, or signing up for the 2019-2020 season, please contact Roxanne Daniel 904-838-9548.

Dear Avondale Family,

Autumn is here and we are jumping back into all kinds of service projects and discipling activities here at Avondale!



At the end of this month, we will be getting back to our small group activities by offering everyone a new **G³** (**G**rab **G**ather and **G**row!) study, called "Creed," to begin the first week of October. The study was written by the Rev. Dr. Adam Hamilton and his team at Church of the Resurrection in Kansas City. (This is one of the biggest and most vital churches in our denomination, and Adam is the leader of the Progressive/Centrist movement that is working out how the overwhelming majority of

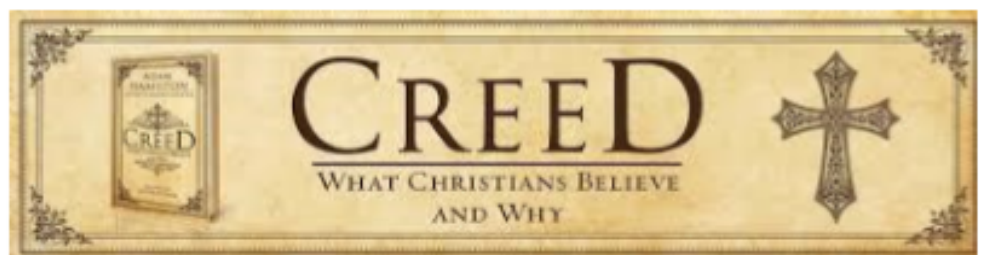
United Methodist churches in America can become fully inclusive of all people, as we are at Avondale.)

"Creed" is a study based upon the Apostles' Creed, which is a succinct overview of basic Christian beliefs. It offers a brief video first, explaining a tenet of the Creed and that sets the foundation for an in-depth discussion of your beliefs and how they apply in your everyday life. Adam's small group studies are the best—which many of you know from past experience. This one is particularly thought-provoking.

As always with our **G3** small group studies, we will provide a group leader's book with the discussion questions, a copy of the hardback book *Creed*, and a DVD for you to take and lead a group wherever and with whomever you like—no charge. The requirements are minimal... one hour, once a week, for six weeks—to grow closer to God and to live more joyfully. That's what it costs: 6 hours. The study materials are free to anybody who wants to gather a group—please let us know when and where your group will meet in case other folks want to join you. I will lead a group on Wednesdays at church beginning on October 2. Everyone is welcome.

Think about who you want to journey with through this study and **GRAB** a study packet on September 22 or 29 at church, **GATHER** a group of friends, and **GROW** together in October!

I love being your pastor!!!
Pastor Clare





Save the Dates!

The Church Fall Retreat to Epworth by the Sea is **November 15th-16th!** We will carpool from church at 4pm on the 15th and we will head home around 4pm the next day. Epworth by the Sea is right on the river with great views and great food. The first evening we will worship around a campfire. The next morning, after breakfast the children will have activities while the youth and adults will get together for planning, learning and growing together. After Lunch we will have fun: Games, fishing, sports, etc. 24 Hours to bring our church forward...

together! **More information coming in October!** Please email Dennis (office@aumcjax.org) or call at 389-1175 to reserve your room! Let's spend some time together growing as a church family!



Handbell Reboot!

The Handbell Choir Rehearsals will begin on Wednesday **September 11th at 6pm!**

It's loads of fun and no experience is required! It doesn't matter if you can read music, or don't have a musical bone in your body. Everyone is welcome! Make a joyful noise unto the Lord and let his spirit ring! Please see Ted Munn if you're interested or email Ted at tedm@aumcjax.org

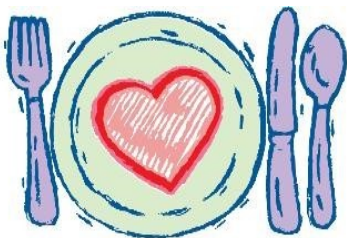
Feeding Jesus

We will be passing out lunches to our homeless neighbors on Sunday, **September 22nd**. There are many ways YOU can participate. On Sunday you can help make lunches between the two services. You can help with one of the delivery teams, passing out lunches to very grateful folks. You can make a donation to the Feeding Jesus ministry, which covers the cost of all the food and materials needed to make the lunches. Place your donation in an envelope, mark it Feeding Jesus, and place it in the collection plate or drop it off at the church office. This is a wonderful ministry and a great way for **YOU** to get involved!



Martha Ministry Help Needed!

We need to fill the freezer again! Martha Ministry makes individual meals for folks who are homebound, recovering from illness, surgery, having babies, are strapped between paychecks, etc. We will be cooking and packaging meals to restock the freezer on Saturday, **September 7th at 10:00 a.m.** and we need lots of helping hands. If you are able to help please contact Betsy at pastorbetsyc@gmail.com or Dennis in the church office.





Unconditionally Welcome...



What does that mean
at Avondale?



We extend a special welcome to those who are single, married, divorced, LGBT or just not sure, filthy rich, dirt poor, gorgeous, or sporting a face only a mother could love. We welcome you whether you are from another country or if you grew up around the corner. We welcome those who are crying newborns, too old to care, skinny as a rail, or carrying around a spare tire or two.

We don't care if you're more churchy than the Pope, or if you haven't been in church since little Joey's baptism. We welcome you if you are on wheels, or if you are just starting to toddle. We welcome soccer moms, bikers (with motor or without!), police officers, animal trainers, nursing babies, teachers, starving artists, proctologists, junk-food addicts, vegans, and yes, even mimes. We welcome those who are in recovery or still addicted. We welcome you if you're on the mountaintop or stuck in the valley or if you don't like "organized religion," because we've been there too.

Avondale is different—we are about Jesus, not judgement.

We welcome those who are inked, pierced, or both. We welcome those who could use a prayer right now, who hated mandatory church as a kid, or who just got lost in traffic and wound up with us by mistake.

We welcome tourists, seekers, doubters, bleeding hearts... and you!

We welcome you because if you're good enough for God,
(and you are!)
then you're good enough for us!



www.aumcjax.org

1651 Talbot Ave
Jacksonville, FL



Avondale

UNITED METHODIST CHURCH

Sunday Services:

Contemporary Band @ 8:45
Traditional Choir @ 11



Online Giving... What a Great Idea!

We would like to let you know that **AUMC** has several ways to help you keep your tithes & offering goal. Please review the options below and get signed up today.

- ✓ It's Easy
- ✓ It's Free
- ✓ Never miss a Sunday of giving.
(Even when you're unable to attend church!)

Option #1: You may use the Pay-Pal link on our website to donate

Go to <http://aumcjax.org> and click on the Pay-Pal button. It will give you the option of either a 1-time donation or you can set it up to make a recurring weekly or monthly donation at a time that is convenient in your budget

Option #2: EFT Authorization

Complete the EFT authorization form included in the package and return to the office manager. Once submitted, your contributions will be set-up and automatic. The EFT authorization form may also be downloaded on our website by clicking on the "Electronic Giving" link on the homepage.

Option #3: Use your own bank's bill-pay service.

Every financial institution has this service available. Once set-up, your bank will mail a paper check straight to the church office on the day of the week you choose.

If you need any assistance in setting up online giving, please contact Bill Trammell at webmaster@aumcjax.org or contact the church office.

Thank you for your interest. We appreciate your faithfulness! You will find this service extremely easy in making your yearly stewardship goal; which is a wonderful feeling!